

When To Pick Your Favorite Fruits and Vegetables In Idaho!

IDAHO FRESH FRUITS AND VEGETABLES

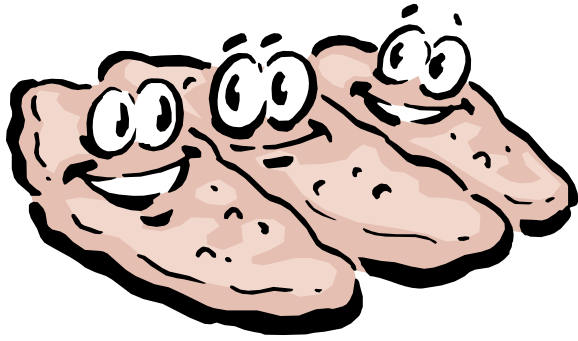
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Apples												
Asparagus												
Avocados												
Bananas												
Beans												
Berries												
Broccoli												
Cauliflower												
Corn												
Cucumbers												
Eggplant												
Grapes												
Kale												
Kidney Beans												
Lentils												
Onions												
Potatoes												
Pumpkins												
Spinach												
Squash												
Strawberries												
Tomatoes												
Turnips												
Watermelon												
Zucchini												

Potatoes are available in Idaho year round. Perhaps this is why Idaho is called the "potato capital of the world".

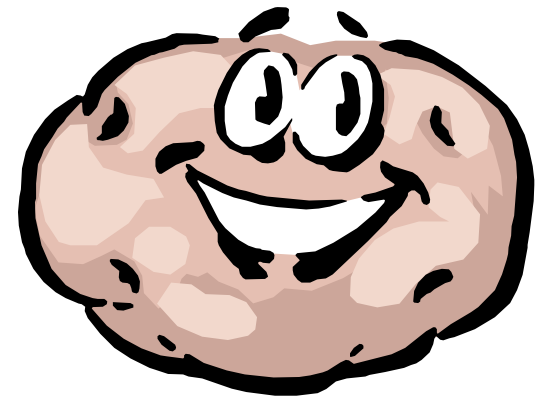
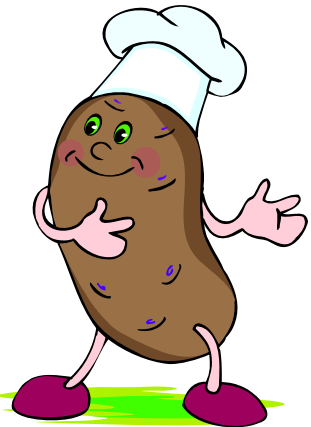
Apples are the 2nd most available fruit or vegetable in Idaho year round. There are many different types of apples, examples are Red Delicious, Golden Delicious, and Granny Smith. Pick up an apple for a sweet and crispy treat!

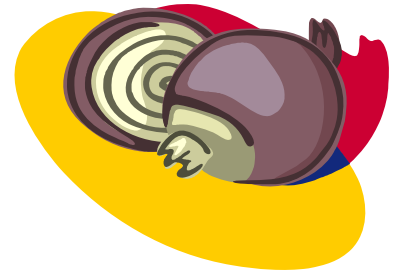
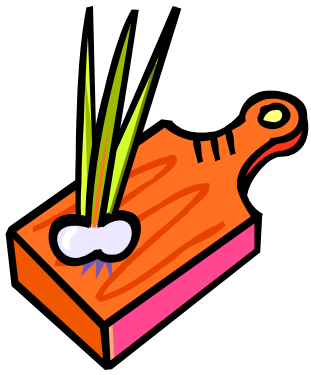
Onions are also available in Idaho throughout the majority of the year. Onions can be used and eaten in many different ways, such as a seasoning and also an entrée. Spice up your plate with some onions today!

There are many other different fruits and vegetables that can be found throughout the year in Idaho. There may even be some fruits or vegetables are new to you. Visit the produce section in your local grocery store and see what you can find.

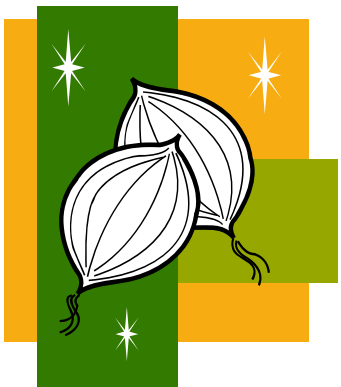


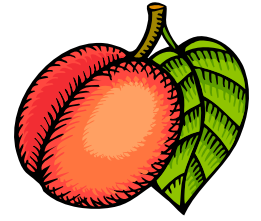
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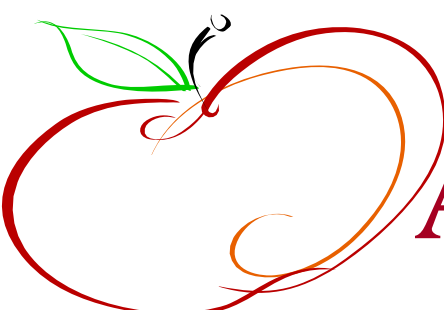
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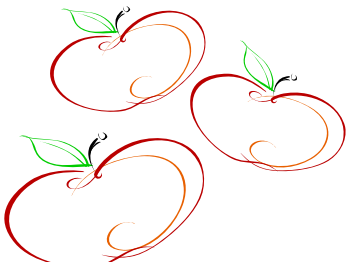
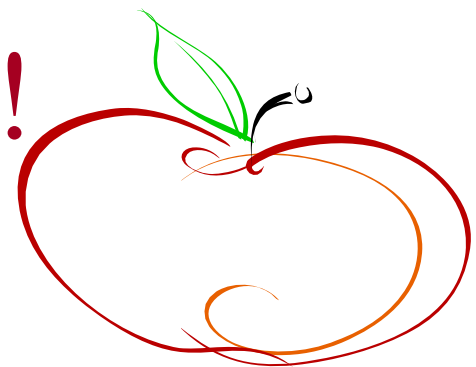


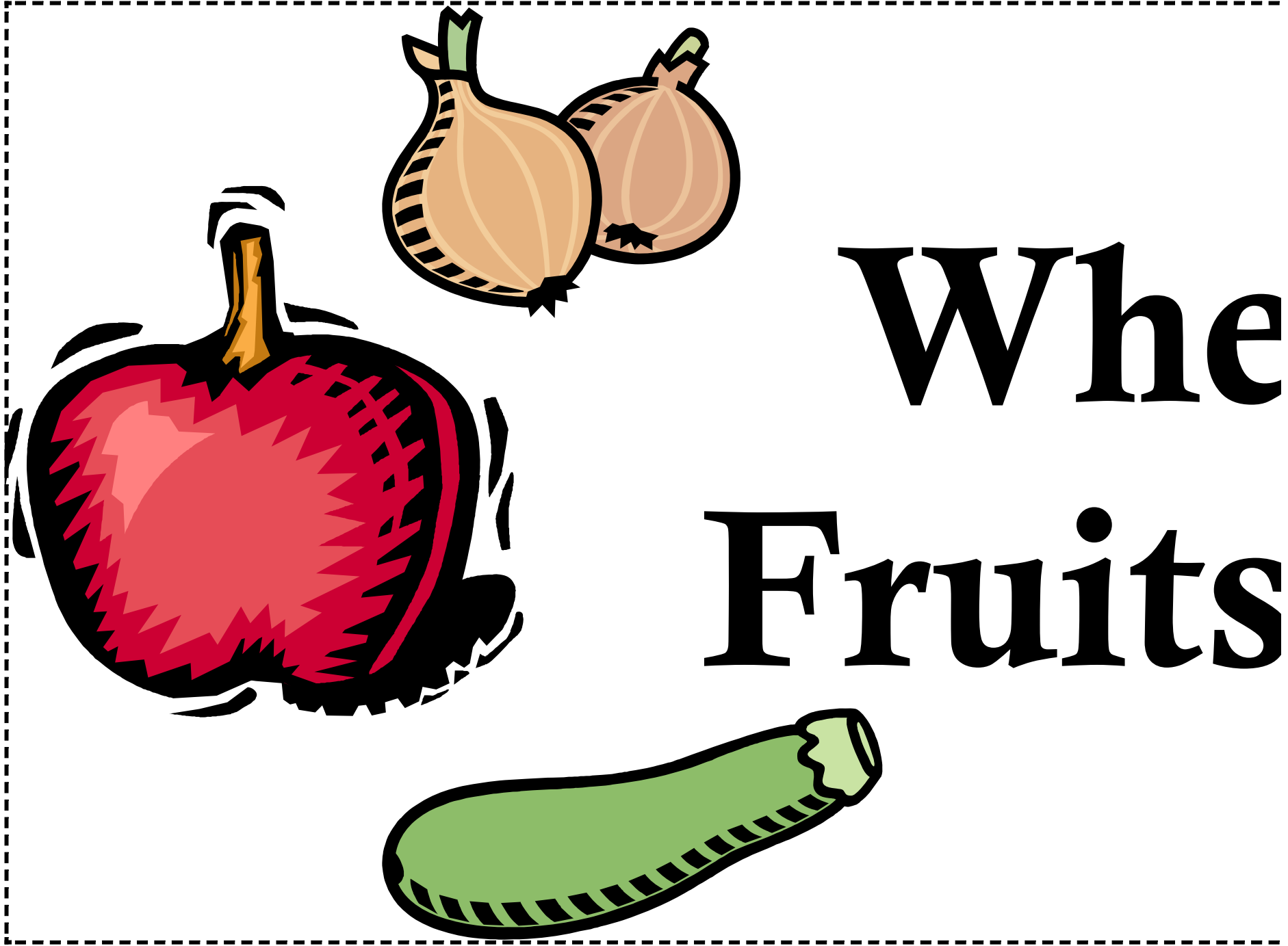
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A stylized illustration of an apple with a green leaf and a brown stem, rendered in a swirling, artistic style. It is located in the top left corner of the text area.

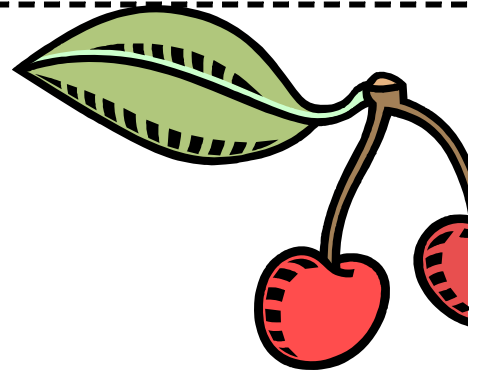
Apples are the 2nd most available fruit or vegetable in Idaho year round. There are many different types of apples, examples are Red Delicious, Golden Delicious, and Granny Smith. Pick up an apple for a sweet and crispy treat!

A cluster of three stylized apples with green leaves and brown stems, rendered in a swirling, artistic style. They are located in the top right corner of the text area.



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Our Favorite
Fishes In Idaho!

